

New Horizons Daily Lunch Menu – Mon – Fri at Noon -- \$2 Sugg. Donation – Call to reserve 610-664-2366

Monday, April 3	Tuesday, April 4	Wednesday, April 5	Thursday, April 6	Friday, April 7
BAKED ZITI*** Wax and Green Beans House Salad w dressing Mandarin Oranges*	TURKEY HAM & SWISS on 7 GRAIN** Lettuce & Tomato Cole Slaw Fruit Cocktail* Tomato Soup*	SLICED ROAST BEEF w HONEY BOURBON SAUCE* Sweet Potato Cubes* Green Beans Almondine Whole Wheat Bread* Tropical Fruit Salad* Unsweetened Iced Tea	HERB ROASTED SLICED TURKEY w onion au jus Mashed Cauliflower & Potato*, Sugar Snap Peas Marble Rye* Chocolate Pudding** Diet: 1/2 cup fruit*	VEGGIE DELUXE OMELET (swiss, mush, spinach peppers, tomato, onion) Brandied Peaches* ½ English Muffin* Cinnamon Applesauce
Monday, April 10	Tuesday, April 11	Wednesday, April 12	Thursday, April 13	Friday, April 14
SEAFOOD SALAD & AMERICAN CHEESE PITA** Marinated Tomato & Onion Salad Fresh Orange* Italian Wedding Soup*	BBQ PULLED CHICKEN Cold Bean Marinated Salad* Brown Rice* Fresh Pear*	ORANGE & HONEY GLAZED TURKEY Green Beans Whipped Sweet Potatoes w Pecans* Marble Rye* Pineapples*	TRADITIONAL MEATLOAF Seasoned Potato Cubes* Peas & Carrots* 7 Grain Bread* Light Vanilla Cake* Unsweetened Iced Tea	Center Closed Good Friday
Monday, April 17	EASTER MENU	Wednesday, April 19	Thursday, April 20	Friday, April 21
CREAMY TUSCAN GARLIC CHICKEN THIGH Capri Blend Vegetables Rotini* 7 Grain Bread* Mandarin Oranges*	GLAZED HAM w/ FRUIT SAUCE* Corn Pudding* California Blend Vegetables Easter Egg Wash Roll** Apple Pie**, Diet: 4 oz fruit* Unsweetened Ice Tea	ITALIAN HOAGIE SALAD Romaine w tomatoes, red onion, olives, FF Italian Drsg Red Bliss Potato Salad* Whole Wheat Bread* Oatmeal Cookie* Diet: 1/2 cup fruit* Chicken Noodle Soup*	STUFFED CABBAGE BOWL Cabbage & Rice* Marinated Carrot Salad Rye Bread*, Fresh Pear* Unsweetened Iced Tea	CRAB CAKE* Mac & Cheese* Zucchini w Stewed Tomato Fresh Spinach Salad Raspberry Vinaigrette Unsweetened Applesauce
Monday, April 24	Tuesday, April 25	Wednesday, April 26	Thursday, April 27	Friday, April 28
EGG SALAD PLATTER Pickled Beet Salad* Marinated Summertime Salad Pumpnickel Bread* Vegetable Soup* Fruited Jello*	CHICKEN, CAULIFLOWER & CHEDDAR CHEESE BAKE Sugar Snap Peas Sweet Corn* Whole Wheat Roll** Light Blueberry Cake*	MANICOTTI w MEATBALLS*** Broccoli & Carrots Pears* Unsweetened Iced Tea	GRILLED HAWAIIAN BBQ CHICKEN Vegetable Rice Medley* Whole Wheat Bread* Fresh Orange*	CHEESE BURGER Cole Slaw Potato Salad* Whole Wheat Hamburger Roll** Tropical Fruit Salad*
* 1 Carb choice ** 2 Carb choices 1% Milk*is offered every day Menu subject to change		Eat In: \$2.00 Suggested Donation Reservations Requested Take Out: \$2 Fee, Reservation Required	April 2017	