


NEW HORIZONS DAILY LUNCH MENU, SERVED AT NOON. CALL 610-664-2366 TO RESERVE

Monday, January 1	Tuesday, January 2	Wednesday, January 3	New Year's Meal	Friday, January 5
	Center Closed	Center Closed	ROAST PORK LOIN Rosemary Red Bliss Potatoes*, Tossed Salad Broccoli Florets Dinner Roll** Chocolate Mousse Cake** 4oz Apple Juice*	Center Closed
Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11	Friday, January 12
BAKED FISH W TOMATO PEPPER OLIVE CAPERS Mixed Vegetables Brown Rice Pilaf* 7 grain Bread Pineapples* Apple Juice*	Center Closed	BEEF STRIPS WITH BURGANDY WINE SAUCE With Carrots Rosemary Roasted Potatoes* Chunky Applesauce* Grape juice*	WHOLE GRAIN ROTINI W TURKEY BOLOGNASE Mixed Green Salad Broccoli & Cauliflower Marble Muffin**	Center Closed
Monday, January 15	Tuesday, January 16	Wednesday, January 17	Thursday, January 18	Friday, January 19
MLK DAY Center Closed	Center Closed	SLICED BEEF with PEPPER CREAM SAUCE Roasted Beets & Carrots Chopped kale and Spinach Tropical Fruit Salad* Orange Juice*	CRAB SALAD PLATTER With Lettuce and Tomato Broccoli & Craisin Salad* Cream of Mushroom Soup* Fresh Orange*	Center Closed
Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
HERB ROASTED CHICKEN LEG with GRAVY Collard Greens Buttery Grits* Peaches*	Center Closed	ROAST BEEF SPECIAL (Swiss, Cole Slaw, Thousand Island on Rye Bread) Pineapples* Italian wedding soup*	BREADED CHICKEN STRIPS Sweet Potato Cubes* Health Salad Fruit Cocktail* Unsweetened Iced Tea	Center Closed
Monday, January 29	Tuesday, January 30	Wednesday, January 31	NOTES	<h1>January</h1> <h1>2018</h1>
CRABCAKE* with MAC & CHEESE* Stewed Tomatoes* Winter Blend Veggies Fresh Apple*	Center Closed	EGG SALAD SANDWICH With Lettuce & Tomato On Pumpernickel Bread Black eyed Pea Salad* Vegetable Soup* Fresh Orange*	* 1 Carb choice ** 2 Carb choices 1% Milk* is offered every day Menu Subject to Change Meals: Eat-in: \$2/Sugg. Donation Take-Out: \$2/Fee	