

New Horizons Daily Lunch Menu – Mon – Fri at Noon – Call to Reserve 610.664.2366

Monday, May 1	Tuesday, May 2	Wednesday, May 3	Thursday, May 4	Friday, May 5
EGGROLL IN A BOWL (sweet & sour diced chicken) Sesame Cabbage & Carrots Marinated Cucumber & Red Peppers, Fried Brown Rice* 7 Grain Bread* Fresh Plum*	BAKED ZITI*** Wax and Green Beans House Salad w dressing Mandarin Oranges* Unsweetened Iced Tea	TURKEY HAM & SWISS on 7 GRAIN** Lettuce & Tomato Cole Slaw Fruit Cocktail* Tomato Soup*	SLICED ROAST BEEF w HONEY BOURBON SAUCE* Sweet Potato Cubes* Green Beans Almondine Whole Wheat Bread* Tropical Fruit Salad*	HERB ROASTED SLIC TURKEY w onion au ju Mashed Cauliflower & Po Sugar Snap Peas Marble Rye* Chocolate Pudding** Diet: 1/2 cup fruit*
Monday, May 8	Tuesday, May 9	Wednesday, May 10	Thursday, May 11	MOTHER'S DAY MENU
VEGGIE DELUXE OMELET (swiss, mush, spinach, peppers, tomato, onion) Brandied Peaches* ½ English Muffin* Cinnamon Applesauce*	SEAFOOD SALAD & AMERICAN CHEESE PITA** Marinated Tomato & Onion Salad Fresh Orange* Italian Wedding Soup*	BBQ PULLED CHICKEN Cold Bean Marinated Salad* Brown Rice* Fresh Nectarine*	ORANGE & HONEY GLAZED TURKEY Green Beans Whipped Sweet Potatoes w Pecans* Marble Rye* Pineapples*	STUFFED CHICKEN w CORNBREAD CRANBER STUFFING* Baked Potato Wedges* Dill Carrots Wheat Roll* Chocolate Cake**, Dt: 4 oz Unsweetened Ice Tea
Monday, May 15	Tuesday, May 16	Wednesday, May 17	Thursday, May 18	Friday, May 19
TRADITIONAL MEATLOAF Seasoned Potato Cubes* Peas & Carrots* 7 Grain Bread* Light Vanilla Cake*	Election Day Center Closed Don't forget to Vote!	CREAMY TUSCAN GARLIC CHICKEN THIGH Capri Blend Vegetables Rotini* 7 Grain Bread* Mandarin Oranges*	ITALIAN HOAGIE SALAD Romaine w tomatoes, red onion, olives, FF Italian Drsg Red Bliss Potato Salad* Whole Wheat Bread* Oatmeal Cookie* Diet: 1/2 cup fruit* Chicken Noodle Soup*	STUFFED CABBAGE BC Cabbage & Rice* Marinated Carrot Sala Rye Bread*, Fresh Pea Unsweetened Iced Te
Monday, May 22	Tuesday, May 23	Wednesday, May 24	Thursday, May 25	Friday, May 26
CRAB CAKE* Mac & Cheese* Zucchini w Stewed Tomatoes* Fresh Spinach Salad w Raspberry Vinaigrette Unsweetened Applesauce*	EGG SALAD PLATTER Pickled Beet Salad* Marinated Summertime Salad Pumpnickel Bread* Vegetable Soup* Fruited Jello*	CHICKEN, CAULIFLOWER & CHEDDAR CHEESE BAKE Sugar Snap Peas Sweet Corn* Whole Wheat Roll** Light Blueberry Cake*	MANICOTTI w MEATBALLS*** Broccoli & Carrots Pears*	GRILLED HAWAIIAN B CHICKEN Vegetable Rice Medle Whole Wheat Bread* Fresh Orange*
MEMORIAL DAY	Tuesday, May 30	Wednesday, May 31	* 1 Carb choice ** 2 Carb choices 1% Milk*is offered every day Menu subject to change	<h1 style="font-size: 4em; margin: 0;">MAY</h1> <h1 style="font-size: 4em; margin: 0;">2017</h1>
<h1 style="font-size: 2em; color: red; margin: 0;">CLOSED</h1> 	CHEESE BURGER Cole Slaw Potato Salad* Whole Wheat Hamburger Roll** Tropical Fruit Salad*	EGGROLL IN A BOWL (sweet & sour diced chicken) Sesame Cabbage & Carrots Marinated Cucumber & Red Peppers, Fried Brown Rice* 7 Grain Bread* Fresh Plum*		