

# September 2017

**\* 1 Carb choice**  
**\*\* 2 Carb choices**  
 1% Milk\* served everyday  
 EP: Edible Portion  
 Menu Subject to Change

Friday, September 1

Center Closed

Monday, September 4	Tuesday, September 5	Wednesday, September 6	Thursday, September 7	Friday, September 8
Labor Day Closed	<b>GRILLED CHICKEN</b> <b>PARMESAN</b> Rotini Pasta Broccoli Tossed Salad with Italian Drssg White Bread Pudding	<b>BEEF CHILI**</b> Mixed Vegetables Whole Wheat Roll Pineapple Tidbits	<b>SPINACH &amp; CHEDDAR</b> <b>OMELET</b> Hash Brown Potatoes Scalloped Tomatoes Whole Wheat Roll Fruit Cocktail	<b>ROAST BEEF HOAGIE</b> With Lettuce, Tomato & Or Carrot & Raisin Salad Club Roll Applesauce Tomato Bisque Soup
Monday, September 11	Tuesday, September 12	Wednesday, September 13	Thursday, September 14	Friday, September 15
<b>SLICED TURKEY</b> With Gravy Whipped Potatoes * Broccoli & Carrots Whole Wheat Roll Tropical Fruit Salad	<b>TUNA NOODLE CASSEROLE</b> Green Beans Pumpnickel Bread* Mandarin Oranges* Apple Juice*	<b>ASIAN CHICKEN SALAD</b> Over Romaine Lettuce Asian Dressing* 7 Grain Bread Pears Chicken and Rice Soup	<b>TRICOLOR TORTELLINI</b> <b>WITH MINI MEATBALLS***</b> Normandy Blend Vegetables Spinach Salad with Balsamic Drssg Fresh Peach	<b>BBQ CHICKEN THIGH</b> Collard Greens Seasoned Potato Cubes, f Peppers and Onions White Roll Lemon Cupcake
Monday, September 18	Tuesday, September 19	Wednesday, September 20	Thursday, September 21	Friday, September 22
<b>SHEPPARD'S PIE</b> With Peas and Carrots Mashed Potatoes Green Beans and Red Peppers Warm Cinnamon Apples Rye Bread Peaches	<b>TUNA SALAD</b> With Lettuce and Tomato Health Salad White Roll Oatmeal Cookie Manhattan Clam Chowder	<b>BEEF STROGANOFF</b> Wide Noodles Spinach with Carrots Beets Whole Wheat Bread Pineapples	<b>VEGETABLE LASAGNA</b> Grilled Vegetables Tossed Salad w. Italian Dressing Strawberry Applesauce Apple Juice	<b>GRILLED CHICKEN</b> <b>FRICASSE</b> Broccoli Florets Brown Rice Pilaf Whole Wheat Roll Fresh Plum
Monday, September 25	Tuesday, September 26	Wednesday, September 27	Thursday, September 28	Friday, September 29
<b>SLICED TURKEY W</b> <b>APRICOT GLAZE</b> Cornbread Stuffing Brussel Sprouts Mashed Sweet Potatoes Banana Cupcake	<b>MEATBALL PARMESAN</b> <b>SANDWICH</b> Cole Slaw Zucchini and Corn Club Roll Mandarin Oranges	<b>GRILLED TERIYAKI</b> <b>CHICKEN</b> Snow Peas, Mushrooms, Red Peppers White Rice 7 Grain Bread Fresh Nectarine	<b>LEMON ROSEMARY</b> <b>BAKED FISH</b> Green, Wax Bean & Carrots, Couscous Pumpnickel Bread Cherry Applesauce Apple Juice	<b>CHICKEN SALAD PLATT</b> Broccoli, Onion & Craisi Salad Vegetable Pasta Salad Whole Wheat Roll Peaches Cream of Mushroom Sou